

# BREAKFAST

## Traditional | 95.00

2 Eggs, Bacon, Creamy Mushroom, Blistered Tomatoes, Pork Sausage and Bread of Choice

## Egg on Toast | 50.00 (V)

Scrambled, Fried or Poached Egg on Artisan Bread served with Basil Pesto and Parmesan Shavings

## Capresse Omelette | 85.00

Tomato, Mozzarella, Basil Pesto and Rocket Omelette served with your Choice of Bread

**Add Halloumi - 20.00**

**Add Baby Spinach - 10.00**

**Add Bacon - 15.00**

## Avo on Health Toast | 85.00

Avocado, Crispy Bacon and Feta served on Toasted Health Bread

## Bikers Breakfast | 50.00

Bacon and Egg served on a toasted Seeded Roll with a Regular Cappuccino

## Eggs Benedict | 90.00

2 Poached Eggs served on a Golden Croissant with Crispy Bacon and Hollandaise  
Replace Bacon for Baby Spinach (V)

## Smoked Salmon and Halloumi Eggs Royale | 105.00

Smoked Salmon on Grilled Halloumi topped with Hollandaise and Avocado

## Granola Health Breakfast | 85.00

Honey and Almond toasted Granola served with Natural Greek Yoghurt and Seasonal Fruit

# TOASTED SANDWICHES

## Chicken Mayonnaise | 85.00

Toasted Chicken Mayo on Choice of Bread served with Chips

## Sourdough Cheese and Tomato | 80.00 (V)

Matured Cheddar, Mozzarella & Roasted Tomato toasted on Sourdough Bread served with Chips

# LUNCH

## Beef Burger | 95.00

Pure Beef Patty with Sage BBQ Sauce served on Seeded Charcoal Bun with Chips or Salad

## Chicken Burger | 95.00

Crumbed Chicken Breast, topped with Ruby Slaw and Sriracha Mayo served on Charcoal Bun with Rustic Chips or Salad

## Mediterranean Chicken Wrap | 95.00

Grilled Chicken Breast, Crisp Salad, Roasted Red Peppers topped with Sriracha Mayo, served with Rustic Chips or Side Salad

## Middle Eastern Falafel Wrap | 95.00 (V)

Chickpea Falafel, Crisp Salad, Hummus, Roasted Red Peppers, served with Rustic Chips or Side Salad

## Tempura Fish and Chips | 95.00

Tempura Hake Fillets served with Rustic Chips and Tartare Sauce

## Zesty Calamari Main | 95.00

Grilled or Fried Calamari Tubes and Tentacles Seasoned and Zested to Perfection served with Rustic Chips or Salad

## Grilled Calamari Salad with Avo | 135.00

With Lime, Chilli and Coriander Dressing

## Panzanella Salad | 100.00 (Vegan)

Blistered Cherry Tomatoes, Sourdough Croutons, Red Onion, Olives and Torn Basil Tossed Salad with Olive Oil Vinaigrette

## Grilled Chicken and Halloumi Salad | 135.00

Lettuce, Cherry Tomatoes, Cucumber & Carrot Ribbons dressed with Lime Vinaigrette

**Add Avocado - 15.00**

## Mozambican Creamy Peri Peri Chicken Livers | 85.00

Served with Bruschetta

## 300g Sage Rump Steak | 135.00

Served with Rustic Chips or Side Salad

**Add Mushroom, Pepper or Cheese Sauce - 25.00**

# PIZZA'S

## Margherita | 85.00 (V)

Mozzarella, Tomato Base and Herbs

## Regina | 95.00

Ham and Mushrooms

## Hawaiian | 92.00

Ham and Pineapple

## Bergamo | 120.00

Bacon, Avocado, Feta

## Principessa | 140.00

Salami, Olives, Artichokes, Mushrooms, Avo & Rocket

## Pulled Lamb & Tzatziki | 145.00

Rocket, Peppadews & Danish Feta

## Siciliana | 115.00

Capers, Olives & Anchovies

## Messicana | 125.00

Bolognese, Peppers, Onion, Garlic & Chilli

## Mediterranean | 135.00 (V)

Sundried Tomatoes, Olives, Danish Feta, Fresh Rocket and Basil Pesto

## Portofino | 125.00

Chicken, Danish Feta, Piquante Peppers, Onion, and Sweet Chilli Sauce

## Focaccia | 85.00 (V)

With Garlic

# PASTA (PENNE OR LINGUINE)

## Chicken Pesto & Sundried Tomato | 115.00

Grilled Chicken served in Creamy Pesto and Sundried Tomato Sauce

## Alfredo | 85.00

Ham and Mushroom served in Creamy Alfredo Sauce

## Pasta Arrabiata | 85.00

Authentic Italian Tomato Based Sauce topped with Parmesan

## Melanzane | 95.00

Layered Aubergine, Napolitana Sauce & Mozzarella Baked to Perfection

## ESPRESSO

Americano	25.00
Cappuccino	28.00
Cappuccino Grande	34.00
Latte	36.00
Flat White	32.00
Choco-chino	37.00
Espresso	20.00
Double Espresso	24.00
Filter Coffee	27.00

## TEAS

Red Cappuccino	36.00
Chai Latte	37.00
Five Roses	27.00
Ginger Tea	27.00
Rooibos Tea	27.00
Earl Grey	27.00
Green Tea	27.00
Chamomile Tea	27.00

## HOT BEVERAGES

Milo	37.00
Hot Chocolate	37.00

## MILKSHAKES

Strawberry, Chocolate, Lime, Vanilla & Bubblegum	40.00
--	-------

## GOURMET MILKSHAKES

Salted Caramel	48.00
Peanut Butter & Banana	46.00
Strawberries and Cream	49.00
Bar One	48.00

## COLD DRINKS

Coke, Coke Light, Coke Zero, Fanta, Cream Soda	27.00
Tizers	28.00
Lipton Iced Tea	28.00
Juices	28.00
Homemade Lemonade	36.00
Freezo's - Coffee or Chai	42.00

## GOURMET AND GUILT FREE

Almond Cappuccino	38.00
Almond Chai Latte	45.00
Almond Grande	45.00
Almond Latte	45.00
Almond Red Cappuccino	38.00



# S A G E

CAFE

**Please ask your friendly waiter about our daily sweet offering!**

**Breakfast served till 11:30. Lunch served from 11:30!**